



ISD Virtual Learning

# Sociology

**April 10, 2020**



## Sociology

Lesson: April 10, 2020

**Objective/Learning Target: Explain how values and beliefs play a role in people's lives and society as a whole.**

# Warm Up

Take a few minutes to think about the meaning of the items listed to the right. After reviewing all of the choices, write down the number of 5 things that are the MOST important to you. There are no wrong answers.

- \_\_\_ A physical appearance to be proud of
- \_\_\_ To graduate with honors
- \_\_\_ Being an honest person
- \_\_\_ To have political power
- \_\_\_ Being known as a "real" person
- \_\_\_ A meaningful relationship
- \_\_\_ Self-confidence and personal growth
- \_\_\_ Enjoyment of nature and beauty
- \_\_\_ A life with meaning, purpose, fulfillment
- \_\_\_ Continuing to learn and gain knowledge
- \_\_\_ A chance to help the sick and disadvantaged
- \_\_\_ To be attractive to others
- \_\_\_ Some honest and close friends
- \_\_\_ A long and healthy life
- \_\_\_ A meaningful relationship with God
- \_\_\_ A good marriage
- \_\_\_ Satisfaction/success in the career of your choice
- \_\_\_ An equal opportunity for all people
- \_\_\_ Freedom to live life as you want
- \_\_\_ A financially comfortable life
- \_\_\_ A secure and positive family life
- \_\_\_ An enjoyable, leisurely life
- \_\_\_ Unlimited travel, fine foods, entertainment, recreational, and cultural opportunities
- \_\_\_ Getting things changed for the better
- \_\_\_ A beautiful home in the setting of your choice
- \_\_\_ A chance to develop creativity/potential in any area
- \_\_\_ Owning a possession of great value
- \_\_\_ To speak up for my personal beliefs
- \_\_\_ To have better feelings about myself
- \_\_\_ To be needed and to be important to others
- \_\_\_ To become a good parent
- \_\_\_ To have a better relationship with my parents
- \_\_\_ To persevere in what I am doing
- \_\_\_ Time for prayer
- \_\_\_ To give of myself freely in helping others
- \_\_\_ A safe and secure environment
- \_\_\_ To be loved by a special few
- \_\_\_ To be trusted by others

# Warm Up

Reflect on the five you have chosen and write down the characteristic that corresponds to the numbers you selected.

Ex: If I picked #11 as one of my top 5 I would write down “altruism”.

NUMBER	CHARACTERISTIC
5	Sincerity
3, 40	Honesty, Integrity
7, 30	Emotional well-being, Stability
8	Artistic appreciation
2, 10	Education, Intelligence, Wisdom
11, 37, 18	(Altruism) Compassion, Fairness, Justice
1, 12, 34	Appearance, Beauty, Approval
6, 13, 31, 39	Love, Friendship, Personal closeness
14, 38	Health, Personal safety, Security
15, 36	Religion, Spirituality
16, 22, 32, 33	Family, Love, Emotional security
9, 17, 21, 27	Fulfillment, Intellectual and Vocational achievement
19	Personal freedom, Independence
20, 26, 28	Financial security, Money, Status
23, 24	Pleasure, Travel, Material satisfaction
4, 25	Power, Achievement
29	Courage
35	Perseverance

# Warm Up

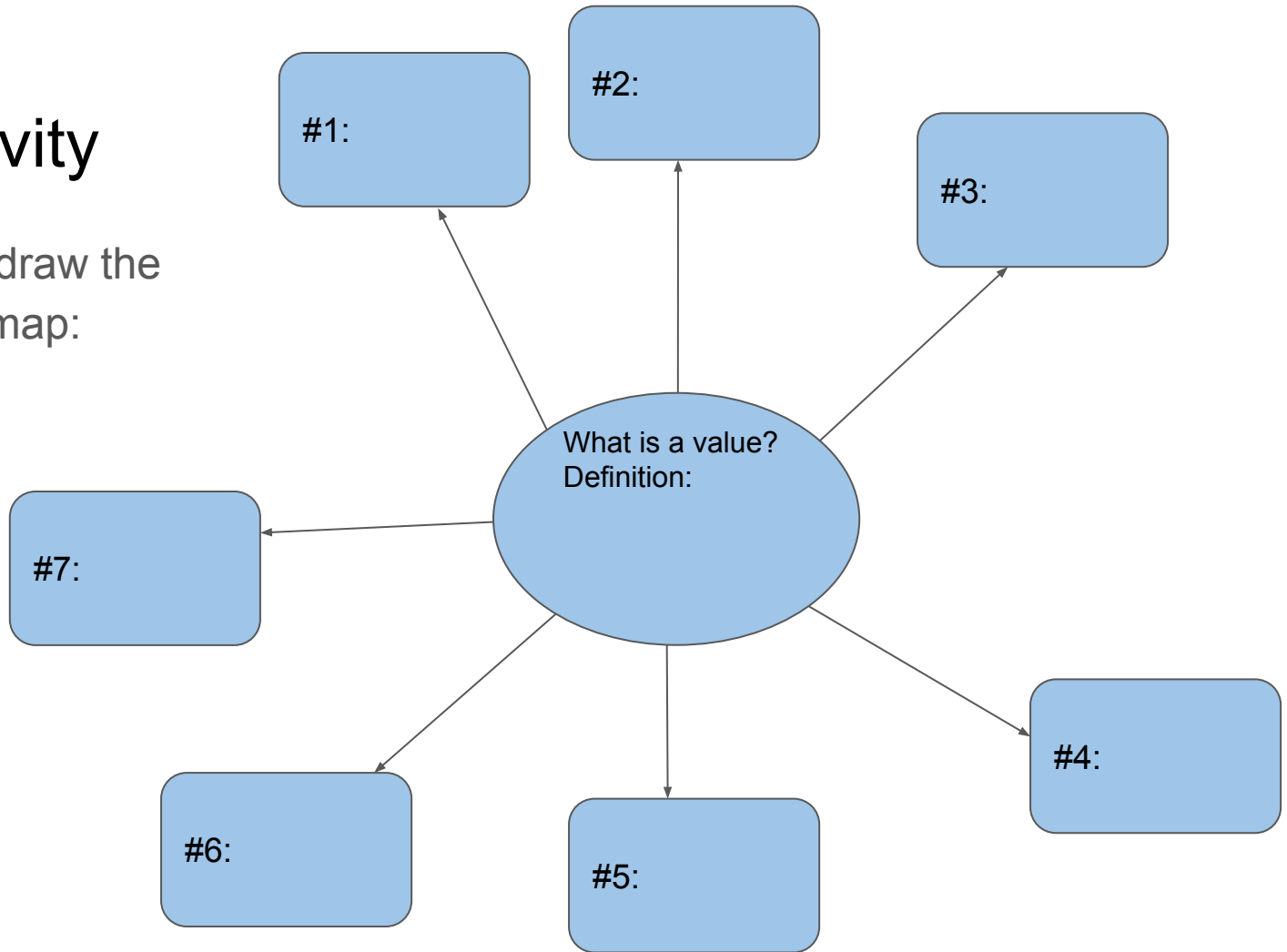
The 5 or so words you wrote down could be described as your values. Do you feel these match up to the words you would have picked from that list?

Would you add or remove any?

NUMBER	CHARACTERISTIC
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# Learn Activity

On your notes, draw the following mind map:



As you go through the next 8 slides, take notes in the corresponding areas.

## What is a value?

Values are those inner standards from which you receive the motivation to act as you do and by which you judge behavior (both yours and others).

Values signify what is important and worthwhile. They serve as the basis for moral codes and ethical reflection. Individuals have their own values based on many aspects including family, religion, peers, culture, race, social background, gender, etc. Values guide individuals, professions, communities, and institutions.







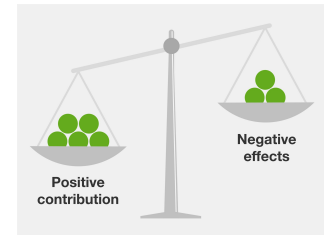
1. A value must be chosen freely. If you don't cheat because someone tells you not to, or because you know you will get into trouble with some authority figure, say, you are not freely acting on your values of honesty and integrity.
2. A value is always chosen from among alternatives. If you don't cheat because you are taking a test in an empty room without any resources, you cannot say you chose not to cheat. There must always be an alternative in choosing your value.







3. A value results from a choice made after thoughtful consideration of choices. If you don't cheat because it never occurred to you to do otherwise, there is no value at play. If you cheat thoughtlessly or carelessly, it does not reflect a value. Only when you carefully consider alternatives and consequences and then make a choice is value reflected in that decision.
4. When you value something, it has a positive quality for you. If your decision not to cheat is something you feel good about, then it is based on a value. You like yourself for your honesty and integrity. You prize them and cherish these qualities in yourself.

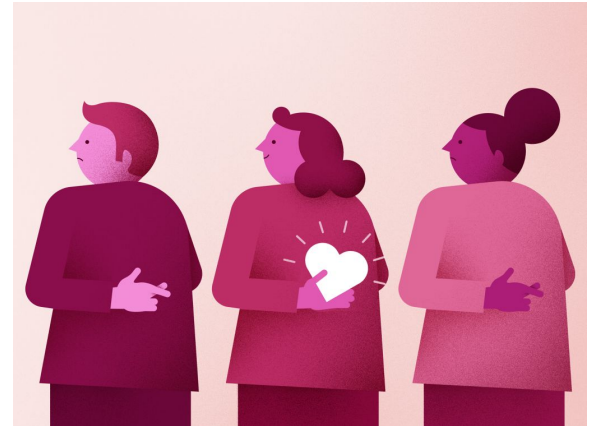




5. You are willing to publicly stand by your values. Not only are you proud of your choice not to cheat, you will speak about your position and even try to convince others not to cheat. You declare in your actions and your words that you value honesty and integrity.
  
6. When you have a value, it shows up in every aspect of your life. You don't just talk about having honesty and integrity – you live it. You will spend time and energy on developing your honesty and integrity. You will associate with people who also value honesty and integrity. You will make sacrifices (money or otherwise) to live by your values.



7. Values show up again and again in your actions. Not cheating on one thing does not mean you hold a value. Only when you make the same kind of choices over and over again in similar circumstances is value at play. Because of your honesty and integrity, you don't cheat on anything. From small quizzes to big tests, from board games to big contests, your value is in effect in every circumstance.



# Practice

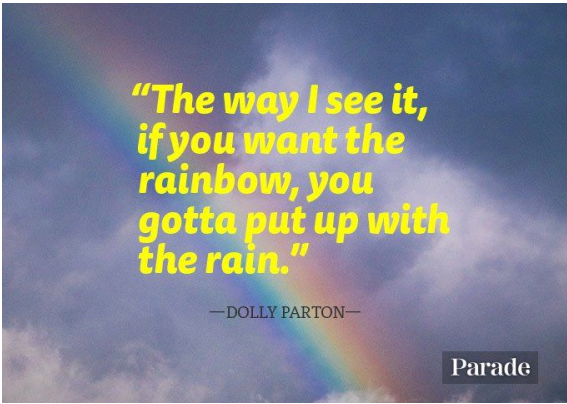
Next, we will look at some quotes on the next two slides. I want you to reflect back on your earlier choices about your values (including any that you added). Which quotes speak to your values? Write them down. Matching the value you think they go with. (example to right)

You may not find a quote for every value and that is okay!

There is no “right” answer. Just pick what feels right to you!

My Values	Matching Quote
Family	
Power	
Courage	
Perseverance	<i>“Rise above the storm and you will find the sunshine” -Mario Fernandez</i>
Artistic Appreciation	

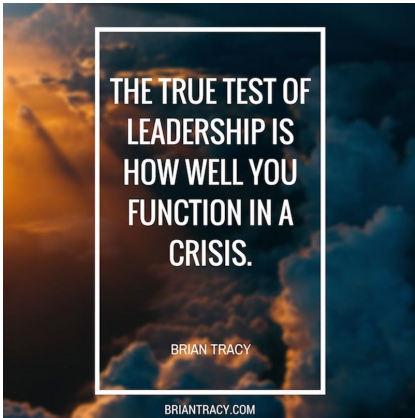




*"The way I see it,  
if you want the  
rainbow, you  
gotta put up with  
the rain."*

—DOLLY PARTON—

Parade



THE TRUE TEST OF  
LEADERSHIP IS  
HOW WELL YOU  
FUNCTION IN A  
CRISIS.

BRIAN TRACY


BRIANTRACY.COM



YOU JUST CAN'T BEAT THE PERSON WHO

**NEVER  
GIVES UP.**

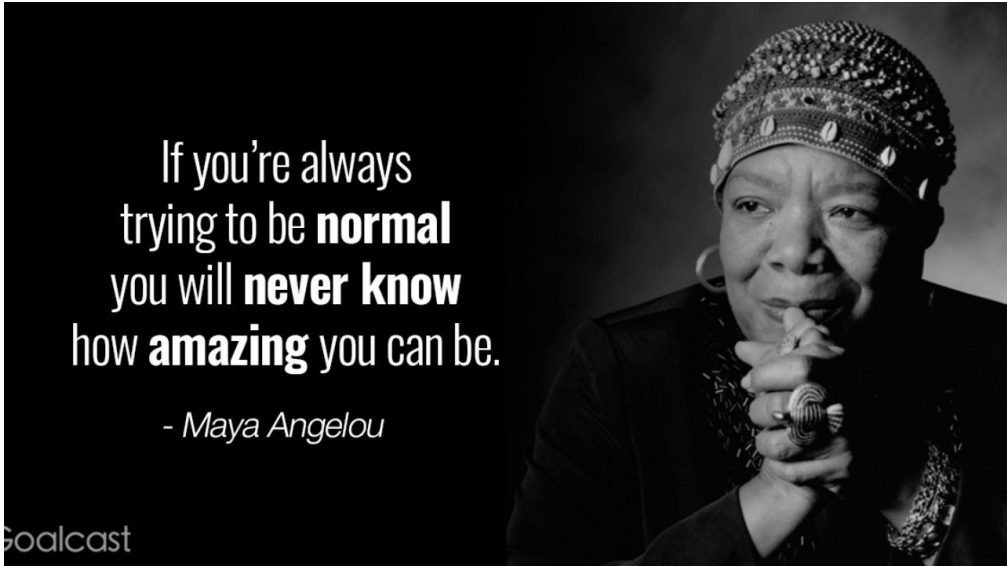
BEINSPIREDCHANNEL.COM



“Act as if what  
you do makes  
a difference.  
IT DOES.”

WILLIAM JAMES

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If you're always  
trying to be **normal**  
you will **never know**  
how **amazing** you can be.

- Maya Angelou

Goalcast

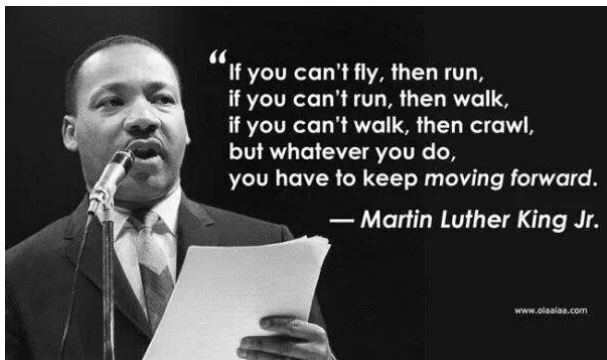
“



Slow down  
and enjoy the  
simple pleasures  
in life.

AUTHOR UNKNOWN

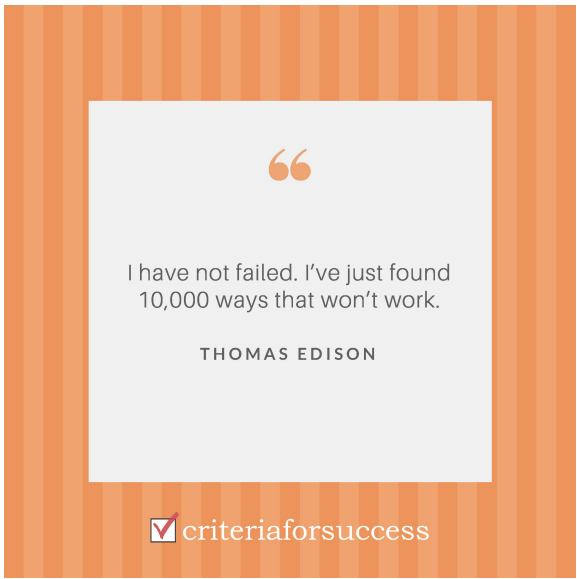
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“If you can't fly, then run,  
if you can't run, then walk,  
if you can't walk, then crawl,  
but whatever you do,  
you have to keep moving forward.

— Martin Luther King Jr.

www.diallas.com

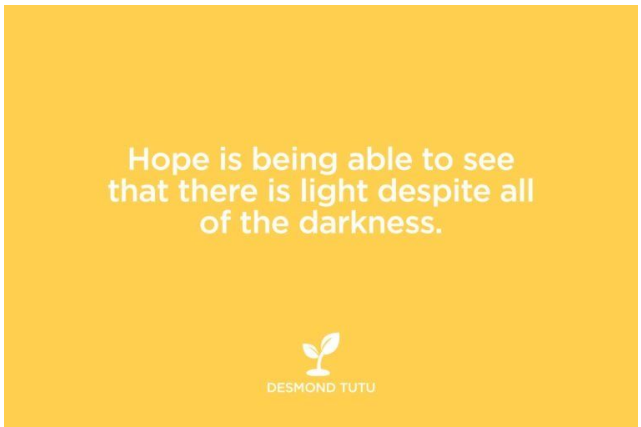


“

I have not failed. I've just found  
10,000 ways that won't work.

THOMAS EDISON

[criteriaforsuccess](#)



Hope is being able to see  
that there is light despite all  
of the darkness.



DESMOND TUTU

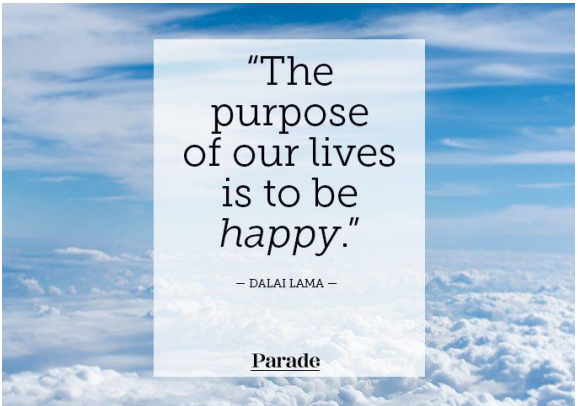


“

Perfection is  
not attainable,  
but if we chase perfection  
we can catch excellence.

VINCE LOMBARDI

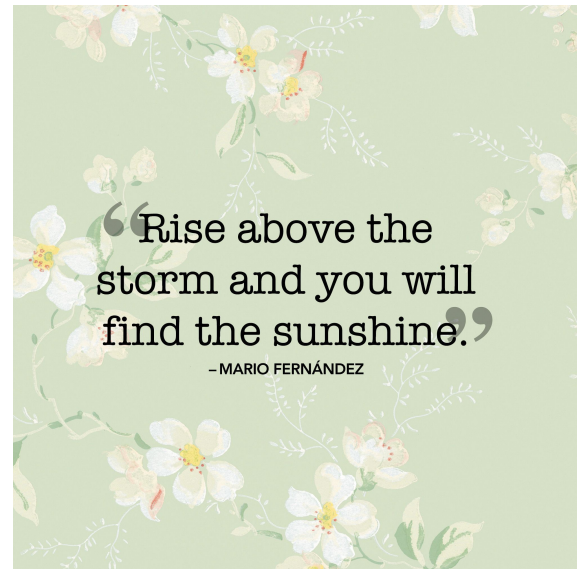
KEEPINSPIRING.ME



“The  
purpose  
of our lives  
is to be  
happy.”

— DALAI LAMA —

Parade



“Rise above the  
storm and you will  
find the sunshine.”

— MARIO FERNÁNDEZ

# Practice

We are experiencing some difficult times right now. Think about someone you would like to send some encouragement to (that can be yourself!). Take some time to write them a letter, text, email, etc. to give them some encouragement. How can you live out your **values** encouraging others?

